

Leafy Brassica

Lines developed at AVRDC – The World Vegetable Center

AVLB1207(Choysum)



Selfed Selection from *'You-Cai-Xin'*

Known-You Seed Co., Ltd., Taiwan

Remarks: Heat tolerant, thick green stem

To order seed, please email:

seedrequest@worldveg.org

A handling fee will be charged.

For seed distribution policies, please visit the AVRDC website: www.avrdc.org

AVRDC – The World Vegetable Center

Box 42

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TAIWAN

Descriptors*

Consumed part	Young leaves with thick stem
Maturity (DAS)**	30-35
Plant height (cm)	43
Plant weight (g)	210
Leaf number	10
Leaf length (cm)	23
Leaf width (cm)	16
Petiole length (cm)	18
Stem length (cm)	20
Stem width (cm)	3
Plant color	Green

*Measured at AVRDC, Shanhua Taiwan, Nov. to Dec., 2011. Values are averages.

**DAS: days after sowing to commercial harvest stage

Nutrition content*

Glucosinolate (μ mole)	66 - 84
β eta-carotene (mg)	1.7 - 2.0
Vit. C (mg)	82 - 101
Lutein (mg)	2.2 - 2.6
Fe (mg)	0.36 - 1.59
Zn (mg)	0.24 - 0.45
Ca (mg)	124 - 147

*100g edible portion on fresh weight