AVRDC
The World Vegetable Center

AVRDC Seed Shop

Leafy Brassica

Lines developed at AVRDC – The World Vegetable Center

AVLB1205(Choysum)

Selfed Selection from ***'Liu Bao 701'***
Guangzhou Vegetable Science Research Institute, China
Remarks: Heat tolerant, thick dark green stem

Descriptors*	
Consumed part	Young leaves with **thick stem**
Maturity (DAS)**	30-35
Plant height (cm)	37
Plant weight (g)	162
Leaf number	10
Leaf length (cm)	22
Leaf width (cm)	9
Petiole length (cm)	18
Stem length (cm)	29
Stem width (cm)	3
Plant color	Dark green

*Measured at AVRDC, Shanhua Taiwan, Nov. to Dec., 2011. Values are averages.

**DAS: days after sowing to commercial harvest stage

Nutrition content*	
Glucosinolate (μ mole)	30 – 59
βeta-carotene (mg)	0.9 – 2.0
Vit. C (mg)	71 – 85
Lutein (mg)	2.0 – 3.3
Fe (mg)	0.38 – 2.35
Zn (mg)	0.23 – 0.47
Ca (mg)	119 – 146

*100g edible portion on fresh weight

To order seed, please email:

seedrequest@worldveg.org

A handling fee will be charged.

For seed distribution policies, please visit the AVRDC website: **www.avrdc.org**

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