

## Leafy Brassica

Lines developed at AVRDC – The World Vegetable Center

### AVLB1203 (Pak Choi)



**Selfed Selection** from '*Black Shiny Winter*'

Zhejiang Jo's Seed Co., Ltd., China

**Remarks:** Cold tolerant, compact brilliant green petiole

To order seed, please email:

[seedrequest@worldveg.org](mailto:seedrequest@worldveg.org)

A handling fee will be charged.

For seed distribution policies, please visit the AVRDC website: [www.avrdc.org](http://www.avrdc.org)

**AVRDC – The World Vegetable Center**

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**TAIWAN**

#### Descriptors\*

| Consumed part       | Young leaves with Green petiole |
|---------------------|---------------------------------|
| Maturity (DAS)*     | 40 – 45                         |
| Plant height (cm)   | 28                              |
| Plant weight (g)    | 282                             |
| Leaf number         | 14                              |
| Leaf length (cm)    | 17                              |
| Leaf width (cm)     | 16                              |
| Petiole length (cm) | 16                              |
| Plant color         | Dark blackish green             |

\*Measured at AVRDC, Shanhua Taiwan, Nov. to Dec., 2011. Values are averages.

\*\*DAS: days after sowing to commercial harvest stage

#### Nutrition content\*

|                             |             |
|-----------------------------|-------------|
| Glucosinolate ( $\mu$ mole) | 104 – 129   |
| $\beta$ -carotene (mg)      | 3.0 – 4.0   |
| Vit. C (mg)                 | 104 – 133   |
| Lutein (mg)                 | 4.3 – 5.9   |
| Fe (mg)                     | 0.35 – 4.40 |
| Zn (mg)                     | 0.24 – 0.44 |
| Ca (mg)                     | 170 – 250   |

\*100g edible portion on fresh weight