







WorldVeg's Improved Production Guide (IPG) for Cabbage in Assam





	WorldVeg Improved Production Guide (IPG) for CABBAGE Demonstrations in APART			
		Demonstration area: 0.15 ha	_	
Days Before or After Transplanting	Activity	Description	Remark	
35 - 30 DBT	Preparing cocopeat	Place 30 kg of coco-peat blocks or bricks in 300 liters of water for 24 hours. Attempt to break them down a few times. After complete expansion, fluff up and powder the coco-peat . Then, drain excess water.	If the coco-peat is not pre-washed by manufacturer, soaking and draining removes a lot of the high amounts of salts present in it. High concentrations of salts can be detrimental to seedling growth. Before use, the prepared powdered coco-peat must be moist and easy-flowing; but not wet, dry or sticky. When squeezed, it should not expel water.	
35 - 30 DBT	Weed manage- ment	Remove weeds (and maintain weed-free conditions) within the nursery area, as well as in its immediate premises.	This can reduce outbreaks of diseases and insect pests. Weeds can serve as hosts and harbor pests.	
30 DBT	Preparing potting mixture	To prepare potting mixture : Mix homogeneously, the prepared coco-peat , 40 kg well-matured vermi-compost and 40 kg burnt/charred (not ash) rice husk , along with 100 g <i>each</i> of PSB , <i>Azotobacter</i> , <i>Azospirillum</i> , <i>Pseudomonas</i> and <i>Trichoderma</i> microbial bio-agent formulations. Use coco-peat, vermi-compost and husk at approx. 3:1:1 by weight.	The potting mixture must be moist and easy-flowing; but <i>not</i> wet, dry or sticky. If charred rice husk is unavailable, use 40 kg sawdust instead. Microbial biofertilizers can enhance fertility and nutrient availability; microbial bio-control agents can prevent or reduce pest incidence.	

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30 DBT	Filling seedling trays	If mono-cropping, fill with potting mixture, 83 seedling trays of 98 plugs [holes] each, for a total of approx. 8,000 seedlings. If intercropping, fill 62 seedling trays of 98 plugs each, for a total of approx. 6,000 seedlings. To fill: heap potting mixture over seedling trays; then, move a straight, flat object [such as a wooden plank] over the top of the trays, from one end to the other, to remove the excess potting mixture.	and disease outbreak. Fill loosely; do <i>not</i> compress
30 DBT	Seed treatment	Uniformly mix crop seeds with 2 g Trichoderma formulation.	This can provide control of seed or soil-borne pests.
30 DBT	Sowing crop seeds	After filling seedling trays , using a pencil or similar object, make thin, 1.5-cm-deep holes in the center of each plug. Sow a single seed into each hole/plug. Cover holes with potting mixture .	Do <i>not</i> press down when filling holes after sowing. To cover holes, follow the same technique used for initially filling trays with potting mixture .
30 DBT	Irrigating seedling trays	Immediately <i>after</i> sowing, using a device that applies water gently, <i>lightly</i> water the seedling trays if moisture in the media is insufficient. For this <i>first irrigation</i> , trays may be covered with newspaper or cloth, and water applied gently through this layer.	Do not displace potting mixture during irrigation; this is important for satisfactory germination and seedling growth. Seedling trays can be typically irrigated once daily; but, apply accurately as required. Excess irrigation may drain away considerable amounts of crucial nutrients from the potting mixture.

30 DBT	Stacking seedling trays	For approx. 3 days <i>only</i> , stack seedling trays in a zig-zag manner.	This can enhance speed and uniformity of germination. Seedling trays must not be stacked when seedlings emerge.
30 DBT	Maintaining seedling trays in nursery	After sowing, keep seedling trays on a non-soil surface in a protected structure or area; with abundant sunlight. Protect seedling trays from rain and hail by keeping them under a shade net or removable plastic sheet . If possible, keep nursery completely covered with insect-proof net . Do <i>not</i> keep nursery in damp or shaded places, or places with poor air circulation.	Keep nursery protected from rain. Ensure that seedling trays are <i>not</i> kept on a soil surface; they may be kept on concrete flooring or plastic sheet. On soil surfaces, seedling roots may penetrate into the soil through drainage holes in the seedling trays . Such contact with soil diminishes the purpose of using soilless media, by facilitating occurrence of soil-borne diseases. This also results in root damage when seedling trays are moved, leading to greater transplanting shock, as well as facilitating occurrence of soil-borne diseases. Lack of adequate sunlight can make seedlings lanky and weak.
30 DBT	Covering seedling trays	To improve germination in cool weather, after sowing, keep seedling trays covered [for approx. 3 days] with black polythene mulching sheet .	Covering seedling trays may enhance germination by elevating temperature within the potting mixture . Remove cover after a few days; do not maintain cover after the first appearance of seedling emergence .
30 DBT	Placing sticky traps	In the nursery, at the center of where seedling trays are arranged, at canopy height [approx. 15 cm above surface], place 1 yellow and 1 blue sticky trap .	Area of both yellow and blue sticky traps must be 22 cm x 30 cm. Sticky traps are used for safe, non-chemical control of insect pests.

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20 - 15 DBT	Vermi-compost enrichment	To enrich vermi-compost : uniformly and thoroughly mix 250 kg well-matured vermi-compost with 400 g <i>each</i> of PSB , <i>Azotobacter</i> , <i>Azospirillum</i> , <i>Pseudomonas</i> and <i>Trichoderma</i> microbial bio-agent formulations.	Prevent vermi-compost from drying-out after inoculation; keep moist, store under protective structure away from direct sunlight. Do not wet excessively. Cover with plastic sheet if required. Do not mix synthetic pesticides along with bio-agents. Do not apply enriched vermi-compost on field at this time.
20 - 15 DBT	Plant protection	As a preventive measure against pest incidences [against sucking pests] in the nursery, spray over the seedlings (at 2 - 3 leaf stage) and on the floor of the protected nursery, neem oil @ 0.4 mL per 10 m² @ 500 mL spray volume (i.e. 0.8 mL per liter of water; i.e., 2 teaspoons in 10 liters of water).	, , , , , , , , , , , , , , , , , , ,
20 - 15 DBS	Liming	If cropping system permits, apply finely powdered lime as required from soil testing. To increase efficacy, shallowly incorporate.	Use finely powdered lime for greater efficiency and efficacy; compared with coarser particles, finer particles provide greater surface area for reaction.
10 DBT	Planting border crop	Plant 3 rows of maize into 5-cm-deep furrows [made using a light tillage or marker implement] along the perimeter of the field, at 30 cm row-spacing and 20 cm in-row spacing.	Border crops serve as physical barriers against insect pests and disease vectors from entering the field. Typically, tall, fast-growing plants with dense foliage are selected as border crops. From maize as a border crop, economic returns in the form of a maize crop is also possible.

5 DBT	Tillage/ Field preparation	Plow field, harrow cross-wise using multi-row disks or regular cultivators, to approx. 20-cm-depth. Then, level field with a shallow leveling implement. In case of zero-till production: Do not perform tillage operations. In case of strip-till production: Chisel-plow only along where crop will be planted. Do not perform other tillage operations. Mulch with rice-straw, arecanut-husk, or similar material. If intercropping, and using off-farm mulch material, mulch after intercrop harvest. If using on-field [rice-straw] residue, keep residue mulch within the inter-row space until intercrop harvest; then, distribute mulch to cover inter-row space.	Use mold-board to turn up soil from approx. 30-cm-depth every 4 – 5 years. If needed, use rotovator/rototiller to pulverize clods. Prepare fields at a time when rains may not necessitate a repeat of tillage operations [before planting]. Leveling is beneficial in preventing uneven water distribution. Zero-till and strip-till systems reduce damage to soil structure caused by tillage; plus they reduce soil erosion by reducing displacement and break-down of soil aggregates. Labor and time requirements for these systems may be lower; so they may reduce production costs, and reduce time-gap between harvest of one crop and planting of the next. To be fully effective, zero-till and strip-till may need to be combined with mulching.
5 DBT	Hardening seedlings	To harden seedlings: Reduce irrigation to seedlings, to create drought conditions. Move seedling trays out of protected nursery structures, exposing them to outside weather conditions.	Be careful <i>not</i> to let seedlings wilt during water deprivation. Pay attention to severe weather conditions; seek advise if needed. Hardening gradually acclimatizes seedlings to field conditions; so that they recover well following transplanting.
5 DBT	Plant protection	If Spodoptera is a serious problem: Flood field to reduce population of pupae in soil.	

1 DBT	Preparing transplant-ing media	To prepare transplanting media : Uniformly and thoroughly mix 15 kg DAP , 12 kg MOP , 500 g Borax , 100 g Ammonium molybdate , 250 kg enriched vermicompost and 1,000 kg FYM . To mix: spread FYM over a wide area; then distribute DAP , MOP and enriched vermi-compost evenly over the FYM in different layers; then mix in from sides.	This transplanting media mixture must be easy-flowing/workable. It must be moist; but <i>not</i> wet, dry or sticky. The components must be well-blended so that the mixture is homogeneous.
1 DBT	Plant protection	If damping-off is a serious problem: Drench seedling roots in a solution of chlorothalonil 75 WG formulation @ 2 g per liter of water or Fosetyl Al 80% WP @ 3 g per liter of water.	Apply uniformly. Use safety equipment . Strictly follow label instructions .
1 DBT	Preparing transplant-ing pits	Make 15-cm-deep and 15-cm-wide transplanting pits , at 45-cm-row and 45-cm-in-row spacing [where seedlings will be transplanted]. If intercropping, use 60-cm-row and 45-cm-in-row spacing.	Alternatively, make 15-cm-deep and 15-cm-wide transplanting furrows; then, transplanting media and seedlings placed according to in-row spacing.
Transplant-ing day	Transplant-ing	Put 150 g transplanting media into each transplanting pit [250 g if intercropping]; then, fix seedlings into the applied media @ 1 seedling per pit; then, cover each pit with its original top soil; and then, tamp down with the flat of palm or foot to anchor seedlings firmly.	Seedlings must be planted deep enough that they are <i>not</i> poorly anchored and leaning on soil surface; they must remain erect. However, leaves must <i>not</i> have soil contact. Transplant when weather is cool, without intense sunlight; such as during early morning or late afternoon hours.

Transplant-ing day	Planting trap crops	As trap crop , plant 1 row of mustard at intervals of 10 cabbage rows.	To ensure uniform seed distribution of tiny seeds, use filler materials during sowing. Sow in furrows; do not broadcast .
Transplant-ing day	Planting intercrops	In case of intercropping: Plant intercrop in furrows between crop rows. If intercrop is amaranth, plant 2 rows at 20-cm-row-spacing along the middle of crop inter-row spaces @ 200 g seeds per 0.15 ha.	Since amaranth seeds are small and light, ensure uniform seed distribution by using filler materials during sowing. Sow seeds in furrows; do <i>not</i> broadcast intercrop seeds .
Transplant-ing day	Irrigation	Immediately <i>after</i> planting operations are complete, irrigate.	Irrigate <i>lightly</i> if soil moisture is not low.
1 - 5 DAT	Plant protection	If cut-worms are a serious problem: [they snip the tender stems of seedlings] Spray flubendiamide 48 SC formulation @ 35 mL per 0.15 ha @ 75 liters spray volume (i.e. 0.5 ml per liter of water) or Emamectin benzoate 5% SG @ 112 g per 0.15 ha @ 75 liters spray volume(i.e. 1.5 g per liter of water).	Apply uniformly and use safety equipment . Do <i>not</i> apply if windy. Use cone-type nozzles for spraying. Avoid spraying before impending rain events. Strictly follow
1 - 5 DAT	Plant protection	If damping-off is a serious problem: Apply chlorothalonil 75 WG formulation @ 150 g per 0.15 ha @ 75 liters spray volume (i.e. 2 g per liter of water) or Fosetyl Al 80% WP @ 225 g per 0.15 ha @ 75 liters spray volume (i.e. 3 g per liter of water).	label instructions. Be aware of pre-harvest [residuintervals, for applications and harvest at proper times aware of field re-entry intervals after application
5 - 10 DAT	Gap-filling	Replace seedlings that did not establish.	
5 - 10 DAT	Irrigation	Irrigate <i>after</i> gap-filling.	Irrigate <i>lightly</i> if soil moisture is not low.

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10 - 15 DAT	Placing sticky traps	On bamboo-poles or wooden sticks, place 6 yellow [against whitefly, leaf miners, etc.] and 6 blue [against thrips, etc.] sticky traps [individual sheet size: 22 cm x 30 cm] at crop canopy height uniformly across the 0.15 ha field. Replace sticky traps every 3 - 4 weeks.	Establishing sticky and pheromone traps may be safer, easier and more cost-effective than chemical control of insect pests through multiple pesticide sprays. In addition, these are preventive measures designed to control insects pests in the initial stages of their infestation, thereby potentially preventing their population from increasing to economically damaging
10 - 15 DAT	Placing pheromone traps	On bamboo-poles or wooden sticks, place 15 water-based pheromone traps uniformly across the 0.15 ha field, 30 cm above the crop canopy. Use lures against diamondback moth. If necessary: Use Spodo lures against Spodoptera [6 traps]. Replace lures every 6 - 7 weeks.	levels [which may then necessitate use of synthetic
10 - 15 DAT	Placing bird perches	Place T-shaped bird perches made of bamboo, approx. 2-m-tall and 1-m-wide @ approx. 10 perches per 0.15 ha.	By serving as places to rest, and as vantage points, bird perches can facilitate feeding of birds on caterpillars, grubs, etc.
10 - 15 DAT	Weed manage- ment	Perform a shallow weeding around the crop plants.	Perform weeding when weeds are small, because at this stage, weeding is easier and provides better control. Make sure to weed within the crop row as well [at this stage] because this may be difficult later.

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15 DAT - Harvest	Irrigation	After weeding, irrigate. Continue irrigation according to soil moisture conditions. Keep soil always moist. As a rough recommendation, irrigate at 10-day intervals, or after each harvest.	Do not irrigate heavily if soil moisture level is not low. Do not maintain water-logged areas. Do not irrigate excessively such that soil is always saturated. Irrigate evenly to maintain constant state of soil moisture; sudden drastic changes can lead to stress-related physiological problems.
15 DAT - Harvest	Plant protection	Frequently remove plant parts [leaves, fruits, etc.] affected by diseases or insect pests. Remove [and burn] them far away from cropped areas.	Do <i>not</i> discard the removed plant parts in the field. Field sanitation is important in preventing or reducing pest incidence, spread and build-up.
15 DAT - Harvest	Plant protection	If insect pest population is noticed, and is low, immediately spray neem oil @ 150 mL per 0.15 ha @ 75 liters spray volume (i.e. 2 mL per liter of water); then, approx. 3 days later, spray Beauveria or Metarhizium formulation @ 250 g per 0.15 ha @ 75 liters spray volume (i.e. 3 g per liter of water).	Apply uniformly and use safety equipment. Do not apply if windy. Use cone-type nozzles for spraying. Avoid spraying before impending rain events. Strictly follow label instructions. Be aware of pre-harvest [residue] intervals, for applications and harvest at proper times. Be aware of field re-entry intervals after application. Cover underside of leaves. Neem oil is applied prior to Beauveria and
15 DAT - Harvest	Plant protection	If sucking insect pests are noticed, spray salts of fatty acids such as Lastraw® @ 375 mL per 0.15 ha @ 75 liters spray volume (i.e. 5 mL per liter of water).	Metarhizium in order to weaken pests for infection by the pathogenic fungi.
20 - 30 DAT	Plant protection	As a preventive measure, spray neem oil @ 150 mL per 0.15 ha @ 75 liters spray volume (i.e. 2 mL per liter of water).	Spray neem oil in the morning or evening [preferr to reduce degradation by UV light.

20 - 30 DAT	Intercrop harvesting	Harvest intercrop during this period when it is of marketable size and quality.	Do <i>not</i> delay intercrop harvest; this is crucial for growth and management of main crop. Intercrops are chosen to be short-duration, quick-growing crops that can utilize the inter-row space efficiently before the main crop canopy closes in, without interfering when this happens.
20 - 30 DAT	Weed manage- ment + Earthing-up	After intercrop harvest, perform weeding + earthing-up. Heap soil from the interrow space at the base of crop plants.	It is best to perform weeding when weeds are small, because at this stage, weeding is easier and provides better control.
20 - 30 DAT	Fertilizer application	After weeding, apply urea @ 22 kg per 0.15 ha uniformly at the base of each crop plant.	Place urea at a height [from ground level] that will allow it to come into contact with irrigation water, in order to facilitate it's effective dissolution, and consequent availability.
20 - 30 DAT	Fertilizer application	After weeding, apply a micronutrient mixture formulation as foliar spray.	This micronutrient fertilization may alleviate deficiencies that may potentially affect crop growth and yield. Apply uniformly. Use safety equipment . Do not apply when windy. Use flat fan type nozzles for spraying. Avoid spraying before impending rain events.
20 - 30 DAT	Irrigation	After fertilization, irrigate the field.	Irrigate <i>lightly</i> if soil moisture is not low.

20 - 30 DAT	Mulching	If off-farm mulch material is used, then, after weeding, cover soil surface with a thick layer of mulch such as rice-straw or arecanut-husk. In case of zero-till production with on-field rice-straw residue, distribute the mulch material in the inter-row spaces of the crop.	Make sure to cover soil surface completely, because gaps in the mulch can lead to weed outbreak. By reducing inter-row tillage, and erosive power of water/wind, and by being a barrier to soil displacement, mulching conserves soil by reducing erosion. Mulching can suppress weed growth, conserve soil moisture, increase soil organic matter and improve overall soil health.
20 DAT - Harvest	Plant protection	If whitefly (ETL 5-10 flies /leaf) or aphids (ETL 30 aphids/ plant) are noticed, spray neem oil @ 150 mL per 0.15 ha @ 75 liters spray volume (i.e. approx. 2 mL per liter of water). If pest population is high: Spray [all @ 75 liters spray volume for 0.15 ha]; Lastraw® @ 375 mL (5 mL per liter of water) 2 - 3 times at weekly intervals acetamiprid 20 SP formulation @ 75 g (1 g per liter of water) against whitefly thiamethoxam 25 WG formulation @ 30 g (0.4 g per liter of water) against whitefly chlorantraniliprole 18.5 SC formulation @ 35 mL (0.5 mL per liter of water) against soft-bodied larvae.	sure to cover underside of leaves. Controlling white flies is also necessary to control yellow mosaic virus, as the former are vectors of this viral disease. Maintain 10 - 15-day intervals between consecutive pesticide [spray]

20 DAT - Harvest	Plant protection	If caterpillars such as diamondback moth, cabbage butterfly or <i>Spodoptera</i> are noticed (ETL 10 larvae/plant), spray [all @ 75 liters spray volume per 0.15 ha] neem oil @ 150 mL (2 mL per liter of water); then, approx. 3 days later, spray <i>Beauveria</i> or <i>Metarhizium</i> formulations @ 250 g per 0.15 ha (3 g per liter of water). If pest population is high: Spray [all @ 75 liters spray volume for 0.15 ha]; spinosad 48 SC formulation @ 45 mL (0.6 mL per liter of water) flubendiamide 48 SC formulation @ 35 mL (0.5 mL per liter of water) rotate with chlorantraniliprole 18.5 SC formulation @ 35 mL (0.5 mL per liter of water) emamectin benzoate 5 SG formulation @ 112 g per 0.15 ha @ 75 liters spray volume(1.5 g per liter of water).	Apply uniformly. Use safety equipment. Do not apply if windy. Use cone-type nozzles for spraying. Avoid spraying before impending rain events. Strictly follow label instructions. Be aware of pre-harvest [residue] intervals, for applications and harvest at proper times. Be aware of field re-entry intervals after application. Make sure to cover underside of leaves. Maintain 10 - 15-day intervals between consecutive pesticide [spray] applications.
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20 DAT - Harvest	Plant protection	If alternaria leaf spots, head rot or club root are noticed, spray chlorothalonil 75 WG formulation @ 150 g per 0.15 ha @ 75 liters spray volume (i.e. 2 g per liter of water), or Propineb 70% WP @ 150 g per 0.15 ha @ 75 liters spray volume (i.e. 2 g per liter of water).	Apply uniformly. Use safety equipment . Do not apply if windy. Use cone-type nozzles for spraying. Avoid spraying before impending rain events. Strictly follow label instructions . Be aware of pre-harvest [residue] intervals , for applications and harvest at proper times. Be aware of field re-entry intervals after application. Make sure to cover underside of leaves. Maintain 10 - 15-day intervals between consecutive pesticide [spray] applications.
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20 DAT - Harvest	Plant protection	As preventative measure against bacterial black rot and bacterial soft rot, drench base of plants with Trichoderma and Pseudomonas formulations @ 10 g per liter of water. In case of organic farming: Drench base of plants with a mixture of asafetida @ 75 + turmeric @ 375 g in 750 liters of water per 0.15 ha (i.e. 0.1 g asafetida and 0.5 g turmeric per liter of water). For all, drench @ 200 mL per plant.	Apply uniformly. Use safety equipment. Do not apply if windy. Use cone-type nozzles for spraying. Avoid spraying before impending rain events. Strictly follow label instructions. Be aware of pre-harvest [residue] intervals, for applications and harvest at proper times. Be aware of field re-entry intervals after application. Make sure to cover underside of leaves.
30 - 35 DAT	Weed manage- ment	Perform a shallow inter-row weeding operation.	It is best to complete this activity when weeds are small, because they are easier to control at this stage.
30 - 35 DAT	Irrigation	After weeding, irrigate the field.	Irrigate <i>lightly</i> if soil moisture is not low.
-	Harvesting	Harvest heads, along with a few leaves, when they are firm, and of marketable size and quality.	Harvest heads along with a few wrapper leaves for protection.

