

## Leafy Brassica

Lines developed at AVRDC – The World Vegetable Center

### AVLB1206(Choysum)



**Selfed Selection** from '*Caisim Tosakan 37*'

East-West Seed Co., Ltd., Thailand

**Remarks:** Heat tolerant, compact green leaves

To order seed, please email:

[seedrequest@worldveg.org](mailto:seedrequest@worldveg.org)

A handling fee will be charged.

For seed distribution policies, please visit the AVRDC website: [www.avrdc.org](http://www.avrdc.org)

AVRDC – The World Vegetable Center

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TAIWAN

#### Descriptors\*

Consumed part	Young leaves
Maturity (DAS)**	30-35
Plant height (cm)	48
Plant weight (g)	365
Leaf number	12
Leaf length (cm)	31
Leaf width (cm)	18
Petiole length (cm)	34
Plant color	Green

\*Measured at AVRDC, Shanhua Taiwan, Nov. to Dec., 2011. Values are averages.

\*\*DAS: days after sowing to commercial harvest stage

#### Nutrition content\*

Glucosinolate ( $\mu$ mole)	24 - 69
$\beta$ eta-carotene ( mg )	1.2 - 2.1
Vit. C ( mg )	83 - 113
Lutein ( mg )	1.4 - 1.9
Fe ( mg )	0.30 - 1.80
Zn ( mg )	0.20 - 0.43
Ca ( mg )	116 - 125

\*100g edible portion on fresh weight