

## Leafy Brassica

Lines developed at AVRDC – The World Vegetable Center

### AVLB1204 (Pak Choi)



**Selfed Selection** from '*Extra Dwarf Milky White (306)*'

Clover Seed Co., Ltd., Hong Kong

**Remarks:** Heat tolerant, broad thick bright white petiole

To order seed, please email:

[seedrequest@worldveg.org](mailto:seedrequest@worldveg.org)

A handling fee will be charged.

For seed distribution policies, please visit the AVRDC website: [www.avrdc.org](http://www.avrdc.org)

**AVRDC – The World Vegetable Center**

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**TAIWAN**

#### Descriptors\*

Consumed part	Young leaves with white petiole
Maturity (DAS)*	35 - 40
Plant height (cm)	16
Plant weight (g)	483
Leaf number	16
Leaf length (cm)	10
Leaf width (cm)	12
Petiole length (cm)	7
Plant color	Dark Green

\*Measured at AVRDC, Shanhua Taiwan, Nov. to Dec., 2011. Values are averages.

\*\*DAS: days after sowing to commercial harvest stage

#### Nutrition content\*

Glucosinolate ( $\mu$ mole)	23 – 67
$\beta$ -carotene (mg)	1.8 – 2.3
Vit. C (mg)	56 – 89
Lutein (mg)	2.6 – 3.1
Fe (mg)	0.37 – 5.30
Zn (mg)	0.22 – 0.40
Ca (mg)	144 – 212

\*100g edible portion on fresh weight