

**Table of Characteristics of AVRDC-Selected Leafy Brassica Lines**

Lines	Maturity (DAS)	Plant height (cm)	Plant weight (g)	Leaf number	Leaf length (cm)	Leaf width (cm)	Petiole length (cm)	Stem length (cm)	Stem width (cm)	Plant color
<b>Kailaan</b>										
AVLB1201	40-45	33	123	9	18	16	13	12	3	Green
AVLB1202	40-45	36	167	9	20	18	17	10	3	Green
<b>Pak Choi</b>										
AVLB1203	40-45	28	282	14	17	16	16	-	-	Dark blackish green
AVLB1204	35-40	16	483	16	10	12	7	-	-	Dark green
<b>Choysum</b>										
AVLB1205	30-35	37	162	10	22	9	18	29	3	Dark green
AVLB1206	30-35	48	365	12	31	18	34	-	-	Green
AVLB1207	30-35	43	210	10	23	16	18	20	3	Green
AVLB1208	35-40	42	335	11	27	17	23	-	-	Dark green
DAS: days after sowing to commercial harvest stage										
Measured at AVRDC, Shanhua Taiwan, Nov to Dec. 2011. Values are averages.										

**NutritionContents\* of AVRDC-Selected Leafy Brassica Lines**

Lines	Glucosinolate (µmole)	β-carotene (mg)	Vit. C (mg)	Lutein (mg)	Fe (mg)	Zn (mg)	Ca (mg)
<b>Kailaan</b>							
AVLB1201	45-83	1.5-3.0	120-149	2.4-3.1	0.29-1.31	0.24-0.33	168-190
AVLB1202	52-117	1.9-2.7	115-156	2.4-2.9	0.21-1.30	0.25-0.34	177-187
<b>Pak Choi</b>							
AVLB1203	104-129	3.0-4.0	104-133	4.3-5.9	0.35-4.40	0.24-0.44	170-250
AVLB1204	23-67	1.8-2.3	56-89	2.6-3.1	0.37-5.30	0.22-0.40	144-212
<b>Choysum</b>							
AVLB1205	30-59	0.9-2.0	71-85	2.0-3.3	0.38-2.35	0.23-0.47	119-146
AVLB1206	24-69	1.2-2.1	83-113	1.4-1.9	0.30-1.80	0.20-0.43	116-125
AVLB1207	66-84	1.7-2.0	82-101	2.2-2.6	0.36-1.59	0.24-0.45	124-147
AVLB1208	61-106	1.1-2.2	69-88	1.4-3.2	0.26-2.96	0.20-0.49	154-200
* 100g edible portion on fresh weight							